

# MEDICAL TIMES

'A clinical knowledge sharing endeavour' by KIMS SAVEERA Hospital, Ananatapur .



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**ONLY A LIFE  
LIVED FOR  
OTHERS IS A LIFE  
WORTHWHILE**

# Reconstructive nerve microsurgery brings back smile to lady

- Highly skilled plastic surgeons at KIMS - Saveera Hospital perform complicated procedure.
- Equipment for micro surgery & vascular surgical facilities are required for such cases.

**Anantapur, April 21, 2022** Facial nerve or nerves of the face are very important for the movements of the face muscles, most notably our smile. Its an important function that conveys our emotions. Unfortunately this can be lost if we sustain very severe injuries to our face, especially in the cheek region, and needs immediate expert plastic surgeon evaluation to determine the level of nerve injury and start the appropriate treatment promptly. In most cases this injury is missed, as it is not clearly evident in first 24-48 hrs of injury. It needs immediate surgery to find the cut nerve endings and join them with correct muscle nerve endings and only this can give the best results in long term.

On 21/4/22, Mrs J, sustained a bull gore injury to her left cheek resulting in a large wound on her face with bleeding. She got this injury as she was trying to remove a kid from harm's way from an angry bull that was coming towards them. Luckily kid was unharmed. She was immediately brought to KIMS SAVEERA emergency department for treatment, got admitted in ICU. After stabilizing the patient, Dr S Praveen, M.Ch, Plastic, Reconstructive & Micro vascular consultant surgeon was called for the wound management. On examination it was found to be a facial nerve injury and salivary parotid gland injury. Patient was mobilized for emergency OT by him. During surgery it was found that entire superficial lobe of parotid gland, parotid duct, cervical facial nerve trunk and other major blood vessels were injured.

After 4 and a half hours of critical nerve micro surgery using microscope, facial nerve and other structures were repaired. Patient had an uneventful post operative recovery of 10 days. Now prolonged waiting period of 6 months ensued, that included regular post op visits, medication and physiotherapy sessions supervised by the treating surgeon.

Nerve recovery takes time because it grows at a rate of only 1-3mm per day and clinically visible signs of recovery start to appear after 4-6 months of surgery. During the recovery period her entire left side of face was paralysed with minimal movements to begin with. It was tough initial 3 months for the patient. With regular therapy and the confidence, that the best possible nerve repair was done, she slowly started showing improvement. Finally after 6 months she was able to SMILE again. Recovery is still ongoing, and we are hopeful for a good outcome.

"IT IS SAID THAT A SMILE IS THE MOST BEAUTIFUL THING A LADY CAN WEAR" and we are happy to be the reason our patient can smile again

Dr S PRAVEEN, M.Ch, (NIMS, Hyd) is a board certified Plastic, Reconstructive & Micro vascular surgeon. He specializes in trauma reconstructive surgery with special interest in Nerve surgery. Nerve injury needs expert evaluation and should be taken up for surgery within the golden hour period to repair the nerves for the best possible results and outcome.



**Dr. S. Praveen**

MBBS, MS, Mch, (NIMS, Hyd)

Consultant - Plastic, Reconstructive  
& Micro Vascular Surgeon

# KIMS Saveera Saves Mother & Premature Twins

- Timely action of a man saved his wife who developed labour pains in her 28th week of pregnancy, in Tadipatri, Anantapur district.
- Well trained & equipped NICU saves premature twins.

**Anantapur, April 22, 2022** : The couple have been married for 25 years. They stay in Tadipatri area of Anantapur district. They have been childless. They had visited many doctors for infertility treatment. They had spent a lot in visiting and consulting many doctors for a long time. But there was no result. The husband is 50 years old and the wife 42 years. The time bomb was ticking. Finally fertility treatment worked and she got pregnant at 42. She had pains at 28 weeks. First, she was taken to two local hospitals in Tadipatri. They were not able to handle the case and referred her to higher care centre. Her husband brought her to KIMS-SAVEERA Hospital in Anantapur on 22, April 2022. Her labour pains were increasing. It was already midnight. Dr. Udayani, a senior Gynaecologist at the hospital, examined her, and found that one of the twins' hand had come out and there was complete leakage of liquor. It was found that if the delivery is not done immediately, the life of the both babies will be in danger and there is risk of infection to the mother also. So decision was made to deliver the babies immediately. Anaesthesiologist and other staff were immediately called and the babies were delivered at 1.30 am. One of the babies weighed only 1 kg and the other weighed only 1.4 kg. Both the babies were kept in NICU for 40 days as their lungs were not fully developed. The babies were given necessary medications and were kept on ventilators to save their lives. The efforts of the doctors paid off and both the children became healthy. They gained weight to 1.8 and 2 kg. They were discharged in healthy condition.

In many hospitals, it is not possible to treat such complex cases due to problems such as non-availability of medical experts of all departments at all times and lack of modern facilities to handle premature babies. It requires a team effort. Gynaecologist & Anaesthetist, Paediatrician trained in neonatology, Radiologist and Emergency doctors are available 24 hours a day at KIMS-SAVEERA Hospital. So it is possible to treat such critical cases

immediately and save the lives. Babies are usually born only after 36 weeks. But, in this case she gave birth at 28 weeks, which means 8 weeks early. Premature babies have various problems especially underdeveloped lungs. Underdeveloped lungs require careful handling and treatment with ventilators and medications. The hospital responded at the right time so that the lungs do not fail and gave required medicines. Dr. Udayani and Dr. Mahesh (Paediatrician) of KIMS-SAVEERA Hospital said that it was possible to save the twins as well as their mother due to the presence of paediatric specialists and departments like NICU.

On this occasion, the parents expressed their gratitude to the owner and medical staff of KIMS-SAVEERA for saving their child's life and handing over to them safely without any problems.



**Dr. A. Mahesh**

MBBS, DCH, DNB (Paediatrics)  
Consultant - Paediatrician



**Dr. M. Udayani**

MBBS, DNB (Obst & Gynaecology)  
Consultant - Obstetrics & Gynaecologist



# 9-Day-Old Baby Successfully Operated

- Doctors clear meningocele, a pre-birth defect.
- KIMS - Saveera Hospital Anantapur neurosurgery department achieves rare feat.

**Anantapur, 7th May, 2022** : A 9-day-old baby, who is suffering from a neural tube defect called meningocele, was successfully operated at KIMS hospital, Anantapur. Consultant Neuro surgeon Dr Rohith Reddy shared the details. "The patients came with their 7-day-old baby with a primary complaint of swelling in the lower back since birth. It was undiagnosed before birth. Immediately after the birth, they have observed but, thought that it'll heal itself and neglected. Whenever the child stressed or cried the swelling was getting bigger. The nerves which come out from the swelling, which is called meningocele gets compressed.

The parents initially didn't know about the actual problem of the child. They observed the swelling in the lower back, and also felt that the skin was very transparent so that they could see the inner parts of the baby. They noticed that the child was not moving his lower limbs. That's how they brought, the disease was explained to them and it was told that he can improve after surgery. We also told them that it might not recover, once operated. The patient was operated upon and complete excision of the meningocele, and repairing was done. Post operatively, the child came for the follow-up after nearly one month. Now the child has no deficits. The child has come twice for follow-up till now. In the latest examination, there is no neurological deficit and baby was moving his both lower limbs.

These defects in development of spinal cord happen because of the deficiency in Iron and Folic acid. All pregnant women should take these supplements in a planned manner. If the mother has Folic acid deficiency before conceiving, there are high chances that the child might have neural tube defects. This lady didn't have any idea that she has conceived until the 7th month of pregnancy. So, she didn't get any scans and didn't take Folic acid. The neural tube defects start in the first 28 days itself of pregnancy. That's why the child has got the problem. Both the parents are from Anantapur and are daily labourers.

People in the urban areas have more awareness on nutrition. So, they will have sufficient folic acid, and such problems don't occur. But in the rural areas, because of the lack of awareness, and proper nutrition, children are born with such defects. Folic acid is

abundant in the daily foods like fish and green leafy vegetables. One should consume balanced, nutritious diet" said Dr Rohith Reddy.

Consultant Neurosurgeons Dr Rohith Reddy, Dr Rammohan Naik, Consultant Paediatrician Dr Mahesh, Consultant Anesthetists Dr Chandra sekhar and Dr Ravi shankar have participated in the surgery.

People of Rayalaseema used to go to major cities like Bangalore and Hyderabad for such surgeries earlier. But now, Paediatric neurosurgery cases are successfully dealt with in KIMS Saveera hospitals, Anantapur. Paediatric brain tumours, Paediatric endoscopic procedures are also done here



**Dr. R. Rama Mohan Naik**  
MBBS, MS, M.Ch (Neurosurgery)  
Consultant - Neurosurgeon



**Dr. A Rohith Reddy**  
MBBS, MS, M.Ch (Neurosurgery)  
Consultant - Neurosurgeon

# Successful Bilateral Cochlear Implant Surgery in KIMS Saveera hospital Anantapur

- Early diagnosis of deaf mute condition is essential.
- Cochlear implant surgeries can now be done at Anantapur.

**Anantapur, 4th June 2022** : A boy, who was suffering from hearing impairedness for both years, and was speechless from birth was relieved from the problem by KIMS Saveera hospital doctors at Anantapur by placing bilateral Cochlear Implants. Muhammad Irfan, who belongs to the Eduguru village of Thadipatri Mandal in Anantapur district, was not able to speak at the expected stage of child hood. The parents thought that this may be a normal delayed speech problem and thought that the problem will subside with growing age. They were not aware that the baby cannot hear and so the speech has not developed. But, as it was persisting, they have contacted Dr Raghavendra Reddy, consultant ENT surgeon, KIMS Saveera Hospital, Anantapur. After doing all the tests, he suggested bilateral Cochlear Implant surgery. The surgery usually costs around Rs 20 lakhs, which is unaffordable for Irfan's father, who is a farmer. But, under the Aarogyasree scheme by the Andhra Pradesh government, children under the age of 5 can get free surgery for cochlear implants. It was explained to them and the surgery was planned and was performed on the 15th of May. Performing bilateral cochlear implant surgery is the first of its kind in Anantapur. Earlier, such complex surgeries were carried out only in cities like Hyderabad and Bengaluru. Now it is being done free of cost through Aarogyasree at KIMS Saveera Hospital in Anantapur. He appealed to district early intervention centres, people and NGOs to take advantage of this opportunity. Dr Subbarayudu, Audiologist Nagireddy and Anaesthesiologist Dr Sudheer also participated in the team. An audio processor device was installed on the outside side of the ear. It was presented in the presence of the District Collector.

Why such a condition?

Dr Raghavendra Reddy said that in general, "In some people, such a condition occurs due to marriages in close relatives, and in others, it is due to genetic factors. Apart from this many people also have reasons that cannot be clearly stated. If detected early, we will be able to treat it. As a part of this, we will first do the surgery, and put an implant in the inner part. In the outer part, an audio processor that receives the audio signals, and sends them to the implant has already been placed. After that, audio verbal training for almost two years will be there. Then the speech

comes out normally. For the training, the government bears the expenses for one year. Children can grow mentally only if they hear all kinds of sounds in their entirety. All kinds of tests should be done as soon as the children are born. As part of this, a screening test called OAE will reveal whether the hearing ability of the child is normal or not. After that, if there is a problem, the rest of the tests should be done. As soon as possible, that means within 6 months to 1 year of birth, the surgery should be done. Only then will it be good to hear, to speak, and to develop the brain," he said. According to studies, 10 out of every 1,000 people are born with hearing loss. KIMS Saveera MD S.V. Kishore Reddy, CEO P.S. Prasad and others also participated in the program at the collector's office.



**Dr R. Raghavendra Reddy**

MBBS, MS, OTO - Rhino - Laryngology  
Consultant - ENT, Cochlear Implant Surgeon,  
Allergy Specialist

## Fractures all Over the Body, Patient undergoes 6 Surgeries in 14 Hours

• Doctors at KIMS - Saveera Hospital in Anantapur rescued a critically injured patient

**Anantapur, July 1st, 2022** : Doctors at KIMS Saveera Hospital in Anantapur performed six surgeries on a patient who fell from a huge tree and sustained severe fractures all over his body. Kumar, a 26-year-old man from Dibbasani palle of Anantapur district, was seriously injured after he accidentally fell from a tall tree. His legs, hands, ribs, hip bone, what not, there were multiple fractures in many places all over the body. He was in a critical condition as his fractured ribs had punctured the lungs and damaged. Everyone thought it was almost impossible for him to survive. However, Dr Ramanjaneyulu, an orthopaedic surgeon at KIMS Saveera Hospital, examined his condition, and his team decided to perform the surgeries one after another. He had to undergo a total of six surgeries. They were performed one after another for a total of 14 hours. It took ten days for him to recover from the surgeries. He got discharged from the hospital after full recovery. Now he can do all his work. However, it takes about a month or two for all the broken bones to unite completely. He will have to visit the doctors once a month for three months. In the past, such complex cases were referred to the metro cities like Bangalore or Hyderabad. With the availability of state-of-the-art medical facilities, and expert medical team and an anaesthesia team, he could survive after treatment at KIMS Saveera Hospital in Anantapur. Dr Pradeep Batta, Dr Vamsi and the anaesthesia team participated in the surgeries.



**Dr T Ramanjaneyulu**

MBBS, MS (Ortho),  
Fellowships in Joint Replacement  
Consultant - Orthopedic Surgeon



**Dr Penchala Pradeep Batta**

MBBS, MS (Ortho)  
Fellowship in Arthroplasty &  
Sports Medicine  
Consultant - Orthopedic Surgeon



# 5 month old baby undergoes brain surgery

- Doctors at KIMS - Saveera Hospitals Anantapur successfully perform surgery
- State of the art equipment is used for such surgeries

**Anantapur, 12th July 2022** : A five-month-old boy, who was suffering from problems of weakness in arms and legs on the left side, always looking downwards, and being drowsy for most of the day, has undergone brain surgery by doctors at KIMS Hospital in Anantapur. Dr Ram Mohan Naik and Dr Rohit Reddy, consultant Neurosurgeons of the hospital, explained the details.

A 5 month old child presented with hemiparesis, gaze palsy, seizures, decreased activity and fever. Evaluation revealed that the patient had a brain abscess eroding skull bone.

Surgery was done with complete microscopic excision of abscess with precise care not to injure vital parts of brain which took approximately 2 hours

The child recovered with improvement of hemiparesis, gaze palsy and activity with hope to live his normal life again. ". The Baby's parents thanked the doctors, staff and hospital management of KIMS - Saveera Hospital Anantapur for saving the life of their son.



**Dr. R. Rama Mohan Naik**  
MBBS, MS, M.Ch (Neurosurgery)  
Consultant - Neurosurgeon



**Dr. A Rohith Reddy**  
MBBS, MS, M.Ch (Neurosurgery)  
Consultant - Neurosurgeon

# Woman undergoes surgery at KIMS - Saveera Hospital after she developed cancer of Ureter

- Doctors have successfully performed complex surgery
- Rare conditions but diagnosed in right time

**Anantapur, 13th September 2022** : Doctors at KIMS Saveera Hospital in Anantapur performed a complex surgery on a woman who was suffering from cancer in her ureter. Dr Durga Prasad, the Consultant Urologist at KIMS Saveera Hospital, Anantapur, explained the woman's problem and the details of the surgery done to her.

The 54-year-old woman, who hails from Anantapur, had initially consulted different hospitals with severe pain in the left loin, lack of appetite and weight loss. As per the advice of the other doctors to go to a major hospital, she came to KIMS Saveera Hospital. We took up the case, and after a thorough evaluation, we came to know that there is swelling in the kidney and ureter. That is because of the Left Ureteric Tumour. So we performed the nephroureterectomy surgery on her with an excision of the bladder cuff. The surgery went on for nearly 6 hours. The tumour was completely removed, and the patient was discharged on the fourth day of surgery as she didn't develop any complications.

Ureteric cancer (Transitional Cell Carcinoma of the Ureter) is very rare. Its occurrence rate is only 0.7 to 2 per cent. But the patients suffer a lot due to this. This occurs because of genetic reasons. This patient has had some issues for the last 5 months. But cancer might have started even before. We took up this case, even though it is so complicated. Surgery was performed so meticulously, with no spillage of tumour cells and finished the surgery in 6 hours. She didn't have any complications post-surgery. But, as this is a genetic issue, her children and the next generations should be very careful and undergo necessary tests. Such complicated surgeries used to take place in megacities like Hyderabad and Bangalore. But now, with the expertise and skilled staff, along with the state-of-the-art equipment at KIMS Saveera hospitals, we have done the case in a periphery successfully. All types of urological cancers are handled successfully here at KIMS Saveera Hospital.



**Dr. Durga Prasad .G**

MBBS, MS, Mch. (Urology)  
Consultant - Urologist &  
Renal Transplant Surgeon



### Academics / Training Programs :

- DNB Cardiology - 1 Seat
- DNB Anaesthesia - 3 Seats
- DNB Emergency Medicine - 2 Seats
- IDCCM- Indian Diploma of Critical Care Medicine (ISCCM) - 2 Seats
- FCCCM - Fellow of College of Critical Care Medicine (CCEF) - 4 Seats
- Fellowship in Critical Care Medicine (Medversity) - 4 Seats
- Fellowship in Clinical Cardiology (Medversity) - 4 Seats
- Fellowship in Emergency Medicine (Medversity) (FEM) - 4 Seats

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