

# MEDICAL TIMES

'A clinical knowledge sharing endeavour' by KIMS SAVEERA Hospital, Ananapur .



## PAGE - 1

**Pediatrician saves new born with a multi-systemic inflammatory syndrome**

## PAGE - 2

**Successful surgery of large intestine**

## PAGE - 3

**Rare stent procedure through Dr. YSR Aarogyasri**

## PAGE - 4

**10 months old baby successfully operated for kidney problem**

## PAGE - 5

**3 months old baby boy contracted covid - 19**

## PAGE - 6

**Advanced 3D EP study and RF Ablation**

**TO CHANGE  
YOUR LIFE,  
YOU NEED TO  
CHANGE YOUR PRIORITIES**

# Pediatrician saves new-born with a multi-systemic inflammatory syndrome

- Not a single organ functioning in a newborn child.
- Doctors struggle for 14 days to save a precious life.

**Anantapur, Nov 06rd 2021** : The doctors at KIMS Saveera hospitals, Anantapur saved the life of a newborn who was suffering from multi-organ dysfunction. Though he was born at the right time, the birth weight was too low. His Heart, Liver, Lungs, Kidneys. and almost all the organs parts were not functioning well. Parents brought the child to KIMS Saveera hospital with no hope of survival.

Dr A. Mahesh, who examined the child, assured the parents of his life. He and his team struggled for 14 days from the day of admission to save the child. Now the child is completely alright. Dr Mahesh explains the problem and the treatment procedure.

The child's mother, a resident of Raidurg area of Anantapur district gave birth to a male child. But the child's sugar levels dropped immediately after birth. Platelet count also dropped to 20000 /cmm. The doctors intubated him and started giving treatment. Then they have identified that the kid is suffering from multisystemic inflammatory syndrome.

The mother was with a covid-19 patient when she was pregnant. Though she was asymptomatic, the baby inside contracted the virus. So, the birth weight was low, and health problems were there. Multi-organ failure was also found. The doctors team treated the baby with utmost care and ensured that all the vital organs function well. This is the first case of its kind in the Anantapur district.

Parents of the child told that they thought they would lose their child. But, now they were quite happy as the treatment given by Dr. A. Mahesh and his team could save their child. They wholeheartedly thanked the doctors team and the management of KIMS Saveera hospital.



**Dr. A. Mahesh**

MBBS, DCH, DNB (Paediatrics)  
Consultant - Padiatrician

# Successful surgery of large intestine

## • Rare large intestine surgery

**Anantapur, 03rd November 2021:** Complete rectal prolapse is the circumferential descent of all the layers of the rectum through the anus. It often leads to bleeding, obstructed defecation, incarceration or fecal incontinence. It is more frequent in children, females and in patients who are older than 50 years. Its prevalence in individuals older than 65 years of age is estimated to be 1%

A 75-year-old male patient presented to the emergency department with a complaint of mass protruding from his anus. The patient had this mass suddenly while passing stools, two hours earlier. No history of chronic constipation, chronic cough, weight loss, or blood in stools. The vitals of the patient were normal. Abdominal palpation showed no tenderness. On local examination, the length of the protruding rectal wall was around 15 cm with circumferential folds with severe oedema. No ulcerations were present. A diagnosis of complete giant rectal prolapse was reached based on the clinical features and examination.

A gentle trial of conservative treatment and manual reduction unfortunately failed. This is a case of huge complete rectal prolapse, close to the size of 15 cm mandating surgical correction aiming to restore continence and prevent constipation or impaired evacuation. Both abdominal and perineal approaches are there involving with or without rectopexy. The perineal approach is the preferred noninvasive procedure for high-risk elderly for other more invasive procedures or in the rectal prolapse up to 6–7 cm with bowel incarceration or necrosis. Delorme's or Delorme plus levatorplasty & Altemeier's Operation are the procedures to be done in these patients. Delorme's or Delorme plus levatorplasty performed externally involving the rectal mucosectomy or stripping with rectal wall muscle & plication. Altemeier's Operation employs a perineal sigmoid colon-rectal resection (rectosigmoidectomy). In this patient we did altemeier's rectosigmoidectomy.

Many patients are unaware that they need urgent medical attention and these patients need right direction regarding the disease and its complications and need to be referred to tertiary care centers.



**Dr. S. Abeebe Raja**

MBBS, MS (gen. Surgery)  
FMAS, FIAGES  
Sr. Consultant - General &  
Laparoscopic Surgeon



**Dr. T. Raghavendra Chowdary**

MBBS, DNB, (Gen. Surgery), FMAS  
Consultant - General &  
Laparoscopic Surgeon



# Rare stent procedure through Dr. YSR Aarogyasri

- Difficult cardiac lesions treated.
- Expertise and equipment help save life.

**Anantapur, Dec 23rd 2021** : A 45 year male heavy smoker came to KIMS Saveera emergency department at 2 AM with acute chest pain of 8 hours duration and in cardiogenic shock. He was immediately rushed to cath lab and taken up for coronary angiogram which revealed Distal Left Main bifurcation lesion of significant severity. Immediate stent deployment was done for distal left main lesion with culotte bifurcation technique. Both LAD and dominant LCX vessels were preserved. Dr Moode Sandeep Interventional Cardiologist of KIMS Saveera Ananthapur said it was a very challenging case to save patient's life. The patient was discharged after 3 days of procedure in a very healthy state. The complete treatment was done under Aryogyasri scheme. Upon further evaluation the reason for acute heart attack was heavy smoking for this patient. As the Left Main Coronary Artery supplies approximately two-thirds of the blood to the heart and 100% to the left ventricle, severe Left Main coronary disease would reduce flow to significant areas of the myocardium, placing the patient at high risk for life-threatening LV dysfunction and arrhythmias. It is a large artery and therefore tends to have a high plaque volume. The distal Left Main coronary artery, by definition always ends in a bifurcation, or even trifurcation, giving rise to the left anterior descending (LAD) and left circumflex (LCX) arteries, and probably an intermedius artery. Seventy percent of significant LM lesions involve the bifurcation. Despite the recent developments that have been made in the field of percutaneous left main coronary intervention, the treatment of distal Left Main bifurcation remains challenging. Revascularization of Left Main coronary artery disease is of utmost importance in order to increase life expectancy. Dr Moode Sandeep has always been passionate and dedicated about his profession, happy to share one of his experiences in complex PCI and said KIMS Saveera, Ananthapur has good cardiology team and 24/7 emergency procedures are being done for saving many people's lives, under Arogyasri programme free of cost to patient.



**Dr. M. Sandeep**

MBBS, MD General Medicine,  
(DM, Cardiology)

Consultant - Interventional Cardiologist

- Doctors perform complicated surgery.
- Parents visit KIMS - SAVEERA as a last resort

**పదినెలల బాబుకు మూత్రపిండానికి శస్త్రచికిత్స**

అనంతపురం  
కిమ్స్ సవీరా వేడ్కుల ఘనత

[illegible]

శివని తాగినది వర్షం వచ్చినా వర్షపునీరు ఉడకలే ఆది వస్త్రానీ, శివనితాగిన మనమయినా ఆశ్వులకు వర్షపునీరు అందినదేమో నీలంకిత వర్షపునీరు, ఆశ్వులకు అందినదేమో కుమరని తాగినా, ఆ ర్థికావస్థను వేరవేరుచేసినా. తానా వర్షపునీరు వర్షపు వర్షపునీరు, మత్తువస్త్రానీ బుధుని ముని ముని మునితాగినా అభివృద్ధి అందినదేమో నమమయినదేనా, ఆ తర్వాత గుడి తాగినది పంజాని వస్త్రపునీరు అందినది. అవేమో అయినా ఇవేమో గుడి తాగినది వస్త్రపునీరు ముని దీర్ఘతా తీసా. తానా తాగినా తాగినా ఉదయించినా... శివనితాగిన వస్త్రం ఎంతో సుఖమైనా తాగినా ఆది తాగిన దురావస్థలే నేరనినది.



**Dr. Durga Prasad .G**  
MBBS, MS, Mch. (Urology)  
Consultant - Urologist &  
Renal Transplant Surgeon

## 3 months old baby contracted Covid - 19

- The situation worsened with pneumonia
- Doctors treated baby on a ventilator

**Anantapur, Mar 6th 2022 :** 3 months old baby boy has contracted Covid – 19. Adding to the woes, pneumonia also occurred. The situation worsened even after getting treatment in three different hospitals in Anantapur district. Dr. A. Mahesh, Consultant pediatrician, KIMS – SAVEERA HOSPITAL said “ the baby boy had severe cough and cold for a week. Initially, the parents took him to three different hospitals. But as the boy's condition worsened and oxygen saturation fell dangerously, they had to bring him to KIMS – SAVEERA HOSPITAL at around 11 pm. On observing the situation, we immediately put him on a ventilator in the emergency ward itself. We were confused why this baby was suffering so badly just because of the fever, cough and cold. Upon investigations, It turned out to be COVID – 19 Positive. The baby's heart and lungs also were not functioning well. He had to be placed on the ventilator for 4 days and treated with oxygen for another 4 days. Neither the parents nor the hospitals who had treated him before suspected covid infection. After 10 days, the boy recovered completely. The baby's parents are daily laborers who hail from the Rayadurgam area of Anantapur district. He is the only boy in the entire family. So, everyone was worried a lot about the child's health. At the end of the day, everyone breathed a sigh of relief after his recovery. In all three waves of COVID – 19, very few cases were affected so severely at such a young age. So, parents should be alert and if they notice any kind of symptoms, they should get the babies tested at the nearest health facility. Otherwise, the situation may go out of hands “ Dr. A. Mahesh Said.



**Dr. A. Mahesh**

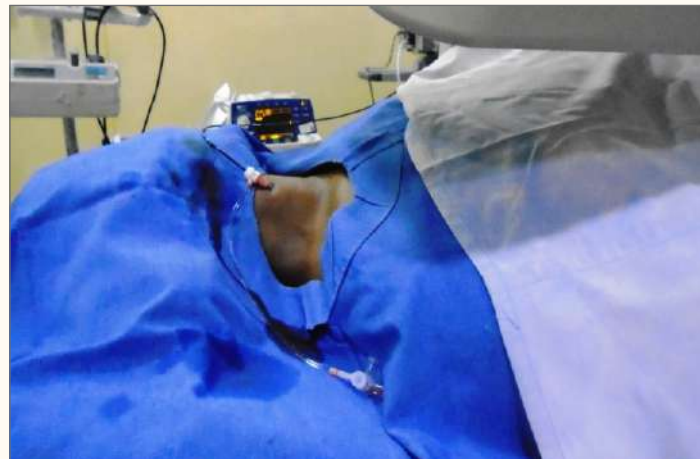
MBBS, DCH, DNB (Paediatrics)  
Consultant - Paediatrician

## Advanced 3D EP study and RF Ablation

- Treatment for difficult heart rhythm problems.

**Anantapur, Mar 28th, 2022 :** 56 yrs woman reported to the hospital with complaints of severe palpitation. She had severe attacks of rapid pulse, She used to feel that her heart is pumping forcefully and very fast. The rapid beating and the knowledge that the heart is beating fast results in patients having severe anxiety along with complaints of breathlessness, inability to sleep. She was not aware of when such attacks occur. These attacks have been happening for the past 2 months. She had approached many doctors and had taken medications. She had also under gone tests for thyroid function. When she reported KIMS-SAVEERA hospital the Cardiologist examined her and a clinical diagnosis of Monomorphic VT? Fascicular VT / Papillary Muscle VT.

She was advised to undergo EP Study with EF updation. Dr Satish Reddy consultant Cardiologist and EP Study specialist took up the case and in the cathlab 3D Mapping of her conduction system in the heart was done. It was found that she had the palpitation because of the abnormal impulses arising from the right posterior papillary muscle. Because of the technique of the 3D mapping facility it was possible to locate the area accurately and RF (Radio Frequency) ablation was done. The patient was discharged within 2 days of the procedure. Treatment for irregular heart rhythm requires advanced equipment and expertise which was not available in any hospital in this area. KIMS SAVEERA HOSPITAL has been treating such patients giving them a new lease of comfortable life.



**Dr. Sathish**

MBBS, MD, DM

Consultant - Electro Physiologist Cardiologist



### Academics / Training Programs :

- DNB Cardiology - 1 Seat
- DNB Anaesthesia - 3 Seats
- DNB Emergency Medicine - 2 Seats
- IDCCM- Indian Diploma of Critical Care Medicine (ISCCM) - 2 Seats
- FCCCM - Fellow of College of Critical Care Medicine (CCEF) - 4 Seats
- Fellowship in Critical Care Medicine (Medversity) - 4 Seats
- Fellowship in Clinical Cardiology (Medversity) - 4 Seats
- Fellowship in Emergency Medicine (Medversity) (FEM) - 4 Seats

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