

MEDICAL TIMES

'A clinical knowledge sharing endeavour' by KIMS SAVEERA Hospital, Ananapur .



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**" TIME IS GENERALLY
THE BEST DOCTOR.**

Rare surgery to remove tumor from bladder

- Patient was suffering from blood in the urine and pain in the abdominal region for months .
- Surgery was performed for 7 hours.

Anantapur, Mar 18th, 2020 : In a rare surgery, Doctor's at KIMS Saveera Hospital, Anantapur removed a cancerous tumor from urinary bladder and surrounding parts. Dr. Durga Prasad and his team performed an endoscopic surgery to remove the cancerous bladder tumor which had spread to the ureter and right kidney.

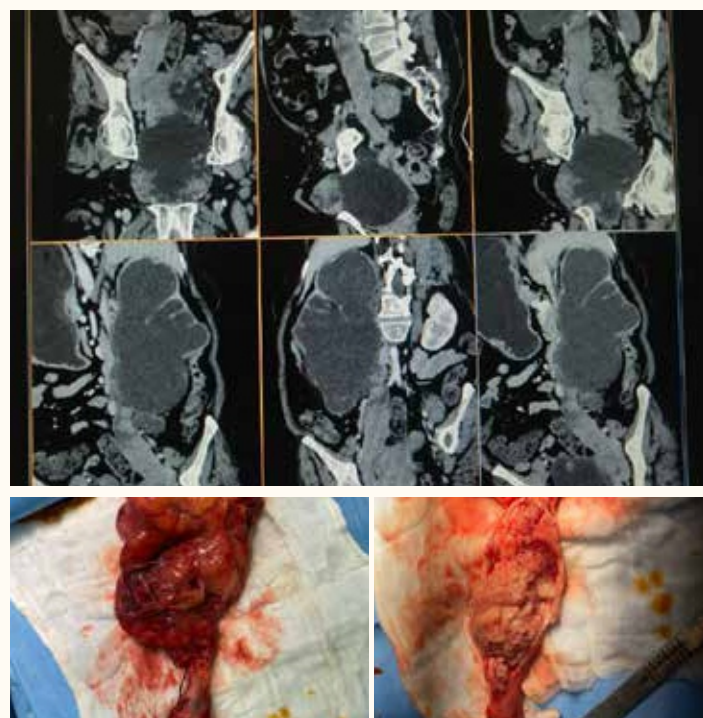
Patient, a 56-year-old, female from Rayadurgam came to KIMS Saveera Hospital with complaints of blood in the urine for past five months and pain in the right abdominal region from past 3 months. She has visited many hospitals where she was diagnosed to have carcinoma bladder and was referred to Hyderabad or Bangalore for further treatment.

At KIMS Saveera Hospital, we have conducted several series of examinations and on evaluation she was diagnosed to have multiple cancer growths in the bladder and in the right ureter causing gross dilation of right kidney. Her hemoglobin was also low.

"This kind of cases are very rare and is seen one out of 1,00,000 cases only, cases like this are referred to advanced care centers like Bangalore or Hyderabad. As, a tertiary center, we have an experienced team and the right infrastructure. We have taken up this challenging case and after thorough investigations and further plan, we have treated this case."

"The surgery was performed for around 7 hours. The bladder cancer was removed endoscopically, and, we also had to remove the right kidney and right ureter as the right kidney was dilated grossly and the ureter was filled with malignant growth. Post operatively patient was managed with blood transfusions and was taken care in ICU. Patient was discharged in stable condition.

KIMS Saveera Hospital has highly qualified professionals to recognize and grade different types of complications and decide the relevant type of treatment. The in-house team of doctors and nursing staff are efficient in accurate diagnosis and are equipped to manage all types of surgical emergencies.



Dr. Durga Prasad .G

MBBS, MS, Mch. (Urology)

Consultant - Urologist &

Renal Transplant Surgeon

ICD implanted successfully for the 1st time in Rayalaseema region

- 58 year old heart patient was the recipient.
- ICDs are for the patients who are at a high-risk of sudden cardiac death.

Anantapur, May 19th, 2020 : Keeping up their promise of offering best healthcare in Anantapur region, doctors at KIMS Saveera Hospital implanted Intra Cardiac

Defibrillator (ICD) in a 58-year-old heart patient from nearby, giving him a new lease of life. It is 1st ever ICD implant in this region. The Implantable Cardioverter - Defibrillator are for the patients who are at a high-risk of sudden cardiac death due to life threatening ventricular arrhythmias. The Cardiology team of KIMS Saveera Hospital, Dr. Rakesh Naik V, Consultant Interventional Cardiologist, and Dr. Kiran Kumar Reddy, Consultant Interventional Cardiologist, implanted the device with expertise and precision.

The patient, 58-year-old, came to KIMS Saveera Hospital with complaint of repeated episodes of giddiness. He got himself evaluated for giddiness in multiple hospitals with MRI Brain and EEG, but with no conclusion. At KIMS Saveera Hospital, the patient was evaluated and diagnosed as hypertrophic obstructive cardiomyopathy - a disease in which the heart muscle (myocardium) becomes abnormally thick. The thickened heart muscle can make it harder for the heart to pump blood. In view of this, which increases the risk of sudden death, the decision to implant the ICD was taken.

Dr. Rakesh Naik V, Consultant Invasive Cardiologist, said, "KIMS Saveera Hospital has been constantly endeavouring to make good progress in cardiac care. This first case of ICD in Anantapur will be an example and a hope for several potential patients who could be at risk of sudden death. Sudden cardiac death is a major health problem in India. This is the same condition where, patients have died suddenly while running, playing football. Implantable defibrillators are the right solution for such patients, as it significantly reduces the risk of sudden cardiac death."

Speaking about the case, Dr. Kiran Kumar Reddy, Consultant Interventional Cardiologist, says "Once we diagnose the problem, Interventional Cardiologist, says "Once we diagnose the problem, we have put the patient on loop ECG monitoring, where we recorded his ECG for 5 days, as he carried his normal activities. The results showed episodes of ventricular tachycardia (Heart Rate 280/min), sustaining for 12 seconds. Hence patient was planned for insertion of Implantable Cardioverter - Defibrillator. We performed a dual chamber ICD insertion in this patient successfully."

The family of the patient were relieved. They said, "We would like to thank the team of doctors who have given a new lease of life to my father. Earlier this technique was available only in cities like Bangalore or Hyderabad. With this treatment now offered here at Anantapur, it not only saves time but also a significant amount of cost."



Dr. Rakesh Naik .V

MBBS, MD, DM, (Cardiology)
Consultant - Cardiologist



Dr. Kiran Kumar Reddy

MBBS, MD, DNB, (Cardiology)
Consultant - Cardiologist

Doctor removes 2 cm bone stuck in 60 year old throat

- Patient was having difficulty in swallowing food and speaking.
- Bone piece was removed endoscopically.

Anantapur, Jul 7th, 2020 : Doctors at KIMS Saveera Hospital saved a life of 60-yr-old male patient by removing the bone stuck in his food pipe. A patient from Guntakal was having difficulty in speech and swallowing for 4 days. Thanks to Dr. Krishna V P, Consultant Gastroenterologist, and his team of doctors at KIMS Saveera Hospital, he was saved. The hospital was providing emergency care even during this lockdown period.

The foreign body in throat is very dangerous and can cause choking. Sometimes choking can lead to death. The patient ate meat four days ago, following which he developed asphyxia & severe pain in throat with difficulty in speech and difficulty in swallowing even saliva. When brought to KIMS Saveera Hospital he was in severe pain. On further investigation, a 2cm long bone was seen in food pipe in his throat. Talking about this case, Dr. Krishna says, "These cases are not as easy as they look to be. This is a foreign body which is stuck in the patient's throat. If not removed, it may cause hole in food pipe leading to infections. Bone piece was removed endoscopically. An endoscopic tube was inserted into his throat through his mouth and the bone was removed. Following this, all his symptoms improved. He was discharged in stable condition."

"We are glad to be of help. Our hospital and staff are working relentlessly to serve the patients during this crisis time. We are committed to help our people," he added.

Such complicated endoscopic procedures for stomach, oesophagus, gall bladder etc are available in KIMS - SAVEERA HOSPITAL.



Dr. Krishna .V.P

MBBS, MD, DM, (Gastroenterology)
Consultant - Gastroenterologist

Multidisciplinary approach saved the life of a premature baby

- Baby gained weight from 1180 grams to 2530 grams in 30 days

Anantapur, Aug 27th, 2020 : It gives an immense pleasure in seeing premature babies thrive to life in peripheries like Anantapur. This is about a young pregnant woman, presented at 7th month of pregnancy with uncontrolled induced hypertension and doppler changes (decreased blood flow of foetus). So an emergency cesarean section was done on 27/08/2020, and the patient delivered a baby girl with 1180 grams of weight. Due to prematurity and low birth weight baby was admitted to NICU. Because of premature lungs baby developed difficulty in breathing, so was given "SURFACTANT" a medication given by tube through airway to ease the work of breathing. Baby developed sepsis and required ventilator support for 5 days, baby was secured with PICC (peripherally inserted central catheter) a procedure hardly done anywhere else in Anantapur, to administer medication. Baby was started with Oro gastric tube feeding and put on KANGAROO MOTHER CARE. Mother is thoroughly trained in feeding and KMC, as baby is thriving well with weight of 1350 grams at 30 days of life without any comorbidities and baby is discharged. These premature babies require multidisciplinary approach with good team of Paediatric OBG, Radiology, Ophthalmology, ENT doctors and good nursing care. This is where KIMS SAVEERA Hospital provides platform in dealing such babies.



Dr. A. Mahesh

MBBS, DCH, DNB (Paediatrics)
Consultant - Padiatrician



Dr. P.V. Raghavaiah

MBBS, MD (Paediatrics)
Consultant - Padiatrician

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